SPEAKING KIT

# Unlock Your Dreams ~ Transform Your Life

from chaos to harmony

## SPEAKER BIO Veronica (Vee) Herfindahl

As a DreamBuilder<sup>®</sup> - Transformational Life Coach, certified by Brave Thinking Institute, Veronica Herfindahl is passionate about guiding women to design and manifest a life that is aligned with their Soul's purpose. Veronica empowers moms to live their highest vision in the context of love, joy, and fulfillment. With a heart full of passion, she guides audiences to unlock their true potential, achieve meaningful success, and create a life they truly LOVE living.

After achieving success in her corporate career, Veronica decided to go for her dreams and became a Dream building & Transformational life coach, where she discovered her true calling — helping women create a life of abundance, purpose, and happiness.

Veronica has worked with professionals and entrepreneurs from around the world, helping them build their dreams, accelerate their results, and create richer, more fulfilling lives.

As a sought-after life coach and professional speaker Veronica offers inspiring workshops around the country as well as in-depth coaching programs to help clients achieve new heights of success, fulfillment, and spiritual aliveness.

## ABOUT THE WORKSHOP

### **Overview**

Most people understand the importance of having a vision or goal, but many struggle when it comes to defining their true desires or knowing how to take actionable steps toward them. Whether they are unclear about what they truly want, or they know exactly what they want but don't know how to get there, this workshop is designed to guide the audience through the process of creating and taking steps towards a vision that will transform their lives.

In this powerful and interactive workshop, participants will:

**Create and Clarify their Vision** – Understand what they truly want and how to uncover hidden desires and dreams.

**Learn key tools** – To eliminate fear, doubt, and worry and move toward their goals and dreams with confidence.

Accelerate Results – A proven method for dissolving resistance they may have to prosperity so they can attract higher levels of results and abundance.

### Why This Workshop Works

This workshop is based on over 50 years of research by an organization renowned for studying the science of transformation. Veronica combines this research with her own experience and expertise as a certified DreamBuilder<sup>®</sup> Coach to deliver an inspiring, engaging experience that have helped thousands of people around the world, move in the direction of their dreams.

I attended Vee's flawlessly organized workshop and I came out inspired and ready for action. I advance so much after the workshop and was able to implement action steps to fulfill my dream. I appreciate the motivation and inspiration that her workshop and the strategic sessions gave me to move forward. Thank you!

## KEY TAKEAWAYS FROM THE VISION WORKSHOP

## Discover a Crystal Clear Vision or their dream life

Many people have difficulty articulating what they truly want from life. In this workshop, they will gain clarity about their true desires and identify their purpose. No more settling for the status quo — they will leave the workshop with a clear and actionable vision for their future.

## **Overcome Limiting Beliefs**

One of the most common roadblocks to success is our own self-limiting beliefs. Veronica will guide the audience through techniques to release fear, doubt, and uncertainty, enabling them to move forward with confidence.

## **Accelerate Results**

Veronica will share powerful tools and strategies to help the audience take immediate action and gain momentum toward their vision. They'll learn how to break through procrastination, maintain motivation, and stay on track to achieve their dreams.

### Format

In Person & Online Workshops available - 30min, 60min & 90min.

For more information: Email at veronica@veronicaherfindahl.ca Call (647)-225-4238 or visit veronicaherfindahl.ca